

THINGS TO CONSIDER WHEN MANAGING THE HEALTH OF...

ASYLUM SEEKERS

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ISTORY

An asylum seeker's background may mean they don't automatically trust doctors or understand confidentiality.

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NDERSTANDING

Effective communication is essential. Qualified translators can help the person feel heard.

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ANAGEMENT OF HEALTH

Physical: Think immunisations, managing chronic conditions & screening.
Mental: Be alert for signs of anxiety, depression and PTSD.
Sexual: It may be appropriate to discuss contraception.

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SSUMPTIONS

Asylum seekers have a wide variety of life experiences; some are highly educated whilst others cannot read or write. Adapt to the needs of the person and make every effort to involve them in their care.

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HS

Educate yourself and them on their rights to NHS care.
Does your patient know what to do with a prescription?
Do they have access to a phone or the internet for follow-up?

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IGNPOST

Direct the person to an appropriate charity. Connecting them with people in the community can be life changing.

